

Check out our updated website on www.maltbyrunningclub.co.uk

Abbey Dash 2014

Under UK/A Rules

Wednesday 2nd July, 2014
The Wesley Centre, Blyth Road, Maltby
6.15pm for 7pm start

A superb undulating trail run of approximately 8 kilometres around the beautiful historic ruins of Roche Abbey through fields, over waterfalls and on paths in memory of Luke Barber.

ALL ENTRIES ON THE NIGHT

Entry Fee £5.00 (unattached £7.00)

A Donation will be made to Charity

Food provided after the race and bar available

-----Entry Form:

MALTBY RC ABBEY DASH

| | | | |
|--|--|---------------------|--------|
| Surname: | | Forename: | |
| Address: | | | |
| Postcode: | | Telephone No. | |
| Email Address: | | | |
| Date of Birth / / | | Age on Day of Race: | M F |
| Club Name: | | | |
| All Cheques Payable to Maltby Running Club | | | |
| I am medically fit to run and understand that I enter at my own risk. The organisers cannot be held responsible for any loss or injury incurred during or for any property lost/stolen or damaged as a result of this event. | | | |
| Signature: | | Date: | |