



Check out our updated website on www.maltbyrunningclub.co.uk

BAWTRY FOREST TRAIL RUN

+ FAMILY RUN 2013

Under UK/A Rules

Sunday 8th September, 2013 @ 10.30am

A superb multi-terrain Trail Run of approximately 7 miles that's run entirely within the beautiful Bawtry Forest (Family run of approximately 2 miles)

Trail Run £10.00/ Unattached Runners £12 (*memento to all finishers*)
(There is an additional £2 for entries on the day)

Family Run £3 (start 10.45am)



Postcode for your Satnav **DN10 6NJ**

A Donation to the British Heart Foundation will be made

Entry Form: BAWTRY FOREST TRAIL RUN/ Family run (delete as appropriate)

Surname:		Forename:	
Address:			
Postcode:		Telephone No.	
Email Address:			
Date of Birth / /		Age on Day of Race:	M F
Club Name:			
All Cheques Payable to Maltby Running Club			
I am medically fit to run and understand that I enter at my own risk. The organisers cannot be held responsible for any loss or injury incurred during or as a result of this event.			
Signature:		Date:	
Parent's or Guardian's signature (if entrant is under 16):		<i>The organizers reserve the right to modify the course should factors affecting the health and safety of participants and/or marshals arise.</i>	

Entries with sae to: Brian Lowndes, 25 Packwood Close, Maltby, Rotherham S66 7EF
Tel: 01709 813682